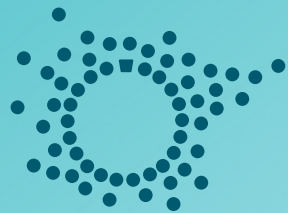
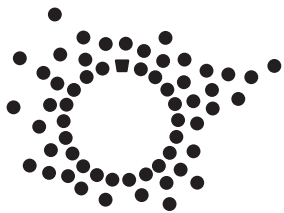


#OneMillionWidows



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Every year in the United States, one million women become widows.

What would happen if **#OneMillionWidows** used their voices to share their stories, raise public awareness, educate friends and family, and help make a positive shift in how widows are perceived?

We invite you to join our #OneMillionWidows campaign to highlight **International Widows Day on June 23**. It's easy to participate!

1. Print our #OneMillionWidows sign. Or create your own! Be sure to include the hashtag #OneMillionWidows.
2. Take a selfie with your #OneMillionWidows sign and **email it to iwd@modernwidowsclub.org no later than May 31**. Your photo may be used on our social media sites, website, blogs, and/or in video form to spread the word about International Widows Day and help raise awareness for widows around the globe. By submitting your photo to Modern Widows Club, you grant permission for this use.
3. On June 23, post the selfie of you holding your sign on your social media accounts and share your widowhood story. Include the hashtags #OneMillionWidows and #InternationalWidowsDay in your post, and tag the [Modern Widows Club Facebook page](#).



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